

**Cache
Valley
Mental
Health
Provider
Directory**

2015

Cache Valley Mental Health Provider Directory

Alternative Perspectives

295 W Schress Ct Nibley, UT 84321

Openshaw, Kim, PhD, LMFT, LCSW (435) 753-7333

Associated Psychotherapists

120 N Main Brigham City UT

www.associatedpsych.com

Arrington, John LMFT (435) 723-2881

Christensen, John MLFT (435)723-2881

Williams, Jason LMFT (435) 723-2881

Bear River Mental Health (Cache County)

90 East 200 North, Logan UT 84321

brmh.com

More information [Pg. 12](#)

Barnes, Joanne MSW (435) 752-0750

Bergman, Jennifer LMFT (435) 752-0750

Boman, Adam MSW (435) 752-0750

Child, Curtis APRN (435) 752-0750

Costa, Graça Psy D (435) 752-0750

Cronquist, Raneë LCSW (435) 752-0750

Elder, Melanie LCSW	(435) 752-0750
Faucette,Donavan LCSW	(435) 752-0750
Ghadban, Roueida PhD	(435) 752-0750
Johnson, SueZan MSW	(435) 752-0750
Lacy, Karen LCSW	(435) 752-0750
Larkin, Joseph LCSW.....	(435) 752-0750
Miggin, Dan MS.....	(435) 752-0750
Mitchell, Tim LMFT	(435) 752-0750
Passey, Kendell MSW	(435) 752-0750
Redd, Ed MD	(435) 752-0750
Snyder, Doug MS.....	(435) 752-0750
Steiner, Brian LMFT.....	(435)752-0750
Spencer, Wes Ph.D (pg. 13).....	(435) 752-0750

Bear River Mental Health (Box Elder County)

663 West Hospital Road, Brigham City, UT 84302

brmh.com

Brog, Carolina CSW	(435) 734-9449
Bingham, Lance LCSW	(435) 734-9449
Brown, Luellen LCSW	(435) 734-9449
Chertudi, Nik LPC	(435) 734-9449
Durfey, LeAnn CSW	(435) 734-9449
Frost, Tim LCSW	(435) 734-9449
Huffaker, Tyler LCSW	(435) 734-9449
Johnson, Scott CSW.....	(435) 734-9449

Lamoreaux, Laura PhD Psychologist (435) 734-9449
 Nichols, Melissa CSW (435) 734-9449
 Springer, Kristin LCSW (435) 734-9449
 Blake Petrick, APRN (435) 734-9449

Cache Psychology and Consulting Services

180 North 100 East / Logan, Utah 84321

cachepsychologyconsulting@gmail.com

More information [Pg. 19](#)

Thomas Wilkinson, PsyD (435) 938-8690

Capstone Counseling

55 N Main St #205, Logan, UT 84321

..... (801) 341-0411

Cache Valley Community Health Center

1515 N 400 E, Suite 104, North Logan

dmichael@cvchc.org

More information [Pg. 20](#)

Robinson, Dave (435)755-6061

Michael, Dolores MS (435)245-6988

Cedar Point Counseling

246 East 1260 North, Logan, UT 84341

More information [Pg. 22](#)

Weigand, Ken Psy.D. (208)351-9687

Patrick, Tyler MS (435)750-6300, x261

Child and Family Support Center

380 W 1400 N Logan, UT 84341

Calloway-Graham, Diane PhD (435)752-8880

Sorensen, Janae LCSW (435)7528-880

Andersen, Jackie CSW (435)752-8880

Comprehensive Treatment Clinic

40 W Cache Valley Blvd 10A Logan, UT 84321

Freestone, Todd LCSW (435)787-2272

Hedelius, Matthew Psy.D, LCSW (435)787-2272

Counseling for Change

775 South Main Street / Logan Utah, 84323

Counseling4change@gmail.com

More information [Pg. 25](#)

Allred, David CMHC..... (435)258-8533

Christensen, Travis CMHC..... (435)258-8533

Family Institute

190 E Center Logan UT 84321

Barlow, Kevin LMFT..... (435) 752-1976

Campbell, Susan PhD (435) 752-1976

Hale, Alli CSW (435) 752-1976

Nelson, Jeannine LCSW (435) 752-1976

Peck, Jeanie LCSW (435) 752-1976

Ramboz, Bryan PhD, LMFT (435) 752-1976

Intermountain Clinics

1350 N. 500 E. Logan, UT 84341

More information [Pg. 26](#)

Christensen, Tyler Ph.D. (435) 716-1855

LDS Family Services

175 W. 1400 N. Logan, Utah 84341

More information [Pg. 27](#)

Alder, Brock LCSW (435) 752-5302

Anderson, Kathy LMFT (435) 752-5302

Burborough, Sandy LCSW (435)752-5302

Finley, Paul LMFT (435)752-5302

Kerkmann, Barbara LMFT (435)752-5302

Lafkas, Sara LCSW (435)752-5302

Lund, Elizabeth LCSW (435)752-5302

McBride, Jeff LMFT (435)752-5302

Miggin, Dan MS (435)752-5302

Oyler, Krys LCSW (435)752-5302

Patrick, Tyler LMFT (435)752-5302

Ramboz, Bryan LMFT (435)752-5302

Seigenberg, Russell Ph.D. (435)752-5302

Smart, David PhD (435)752-5302

Sorenson, Dan LCSW (435)752-5302

Taylor, Jared LCSW..... (435)752-5302

Taylor, Jared MSW (435)752-5302

Wheatley, Dennis LMFT (435)752-5302

Lifespan

881 East 150 North, Logan, UT 84321

Barnes, Terry MS, LMFT (435)753-0272

Galliher, Ranae PhD (435)753-0272

LifeSTAR of Northeastern Utah

1115 N 200 E Ste # 250, Logan, UT 84321

Patrick, Tyler LMFT..... (208) 351-9687

Patrick, Brannon LCSW..... (208) 351-9688

Logan Regional Behavioral Health Institute

1300 N 500 E #250 Logan UT 84341

More information [Pg. 26](#)

Merrill, Brian D.O. Psychiatrist..... (435) 716-5790

McCann, Jeffrey M.D. Psychiatrist (435) 716-5790

Mt. Logan Clinic

246 E 1260 N Logan, UT 84341

More information [Pg. 30](#)

Frazier, Monique PhD. (435)750-6300

Hancock, Kyle Max PhD..... (435)750-6300

Johns, Bruce Ph.D..... (435)750-6300

Jones, Stacy Ph.D..... (435)750-6300

Pelletier, Julie A. PhD (435) 750-6300

Personal Resilience, LLC

130 S Main #215 Logan, UT 84321

Wright, Marilyn MS, CMHC..... (435) 512-8830

Resilience Counseling Services

580 N Main Ste 250-A Clock Tower Plaza, Logan UT 84321

Sorenson, C.J. LCSW (435) 612-0788

Summit Counseling Services

2150 North Main, Suite 10 North Logan, UT 84341

www.summitcounselingservices.com

More information [Pg. 35](#)

Carter, Laurel MS (435)752-4646

Hinds, Charles MS, LMFT..... (435)752-4646

Hinds, Michael M.S. (435)752-4646

Stephenson, Heather MS (435)752-4646

Sweetgrass Counseling Services

59 Canterbury Lane, Logan, UT 84321

More information [Pg. 39](#)

Cupal, Deb Ph.D CMHC. (801) 660-0542

Touchstone Therapy Center, Inc

55 E 100 N Logan UT 84321

Deprizio, Ray LCSW, PsyD (435)770-7123

Center for Persons with Disabilities

6813 Old Main Hill Logan, UT

More information [Pg. 21](#)

Odell, Dennis MD (435) 797-2750

Field, Clinton PhD..... (435) 797-2750

Peck, Jeanie LCSW (435) 797-2619

Toohill, Martin PhD (435) 797-2002

Wootton, George NP..... (435) 797-2750

USU Counseling and Psychological Services (CAPS)

0115 Old Main Hill Logan UT 84332

More information [Pg. 40](#)

Barker, Justin PsyD..... (435) 797-1012

Bentley, Eri PhD., CGP (435) 797-1012

Bush, David PhD (435) 797-1012

Chapman, Chris PhD..... (435) 797-1012

Helms, LuAnn PhD..... (435) 797-1012

Kleiner, Amy PhD (435) 797-1012

Lucero, Steve PhD (435) 797-1012

Nafziger, Mark PhD (435) 797-1012

USU Disability Resource Center

0101 Old Main Hill Logan UT 84321

Baum, Diane MS, CRC (435) 797-2444

USU Marriage and Family Therapy Clinic

493 N 700 E Logan UT 84321

Robinson, Dave PhD, LMFT (435) 797-7430

USU Student Health and Wellness Center

850 E 1200 N Logan UT 84322

More information [Pg. 40](#)

Booton, Beth FNP (435) 797-1660

Davis, Jim MD (435) 797-1660

Erazo, Jenny CSW (435) 797-1660

Matthews, James M.D. (435) 797-1660

Merrill, Brian D.O. Psychiatrist..... (435) 797-1660

Parker, Brooke R.D. (435) 797-1660

Price, Tom PAC..... (435) 797-1660

Thomson, Donalee APRN (435) 797-1660

Avalon Hills Residential Eating Disorders Program

175 East 100 North, Logan Utah 84321

Speth, Chad APRN (435) 755-0439

Bear Lake Community Health Health Center

325 W Logan Hwy #3 Garden City, UT

..... (435) 946-3660

Uintah Academy

3746 South 4800 West, Wellsville, UT 84339

..... (435) 565-4918

Private PracticeMore information [Pg. 33](#)

Anderson, Kent PhD..... (435) 752-7627

545 W 464 N #130 Providence UT 84332

Atkin, Thomas E. Psy.D..... (435) 792-0355

3000 N Main Suite 2B North Logan, UT 84341

Bailey, Emily CSW..... (801)866-4282

18 N 200 E Suite 307 Tremonton

Baird, Alex LMFT (435) 319-4087

184 N 100 E Suite A Logan UT

Baumann, Carol LCSW..... (435) 563-1408

162 E 100 S Hyde Park UT 84341

Boswell, Michelle

1755 N 400 E North Logan UT 84341

Campbell, Sue PhD, MFT..... (435) 227-5010

130 South Main Suite 215 Logan UT, 84321

Christian, David PhD, PC..... (435) 753-1600 x118

629 S 575 W Logan UT 84321

Danielson, Tricia LMFT (435) 565-4325

270 N Main Logan UT 84321

Fraleigh, Lisa DO..... (435) 213-3797

112 E 100 N Suite A: Logan, UT 84321

Horsley, Sean LCSW (435) 225-2645

18 N 200 E Suite 307 Tremonton

Keeler, Shanette LCSW..... (435) 753-6882

399 N Main 3rd Floor Logan UT 84321

King, Pamela LMFT..... (435)787-4517

55 E 100 N Suite 204 Logan UT 84321

Krambule, Sandy LMFT (435) 881-7966

580 N Main #250 C Logan UT 84321

Martinez, Angela CSW (435) 881-6438

18 N 200 E Suite 307 Tremonton

Morgan, Jill T. LCSW..... (435) 760-6721

1755 N 400 E Suite 103 North Logan UT 84341

Randall, Marque PhD (435) 753-2687

493 N. 700 E. Logan UT 84341

Robinson, Dave PhD, LMFT (435) 797-7431

1300 N 200 E Suite 114 A Logan UT 84341

Sazama, Gary PhD (435) 752-8010

493 North 700 East Logan UT

Seedall, Ryan LMFT (435) 797-7433

150 E 200 N Logan UT 84321

Sharp, Gary..... (435) 225-1132

1635 N 200 E Logan UT 84341

Spendlove, Alan CMHC (435)890-5538

431 W 200 N, Brigham City, UT 84302

Webb, Nancy RN, MS, LMFT (435) 915-6418

550 E 1400 N Suite H Logan, UT 84321

Weigand, Ken PsyD (435) 750-6300

246 E 1260 N Logan UT 84341

White, Gaylyn CMHC..... (435) 730-3888

431 W 600 N Tremonton UT

Wellspring Therapy Center

10 S 1st W # B Preston ID

Carter, Laurel LMFT..... (208) 852-0566

Wes Spencer, Ph.D.

Bear River Mental Health

90 East 200 North, Logan UT 84321

(435) 752-0750

Licensed Psychologist

spencer.wes@gmail.com (don't provide to clients)

Years Post Licensure:

10 - 20 years

Evening Hours:

Early evening (5 pm)

Age Groups:

Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Chronic suicidal ideation, Trauma / PTSD, Relationship problems, Personality disorders, Self-injurious behaviors, Health related issues, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Testing/ evaluation, Schizophrenia/ psychotic disorder, Neurocognitive disorder, Dissociative disorders, Obesity, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, , Identity development

Insurance Plans

Accepted:

Medicaid, Select Health

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Sliding Scale and discounts under certain conditions (mental health court or civilly committed).

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

Yes

Adam Boman, MSW

Bear River Mental Health

90 East 200 North / Logan, Utah 84321

Certified Social Worker

(435)752-0750, x651

Years Post Licensure:

1 month - 1 year

adabom@yahoo.com

Evening Hours:N/A

Age Groups:

Children, Adolescent, Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, Bipolar disorders, Depression, Trauma / PTSD, Relationship problems, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Schizophrenia/ psychotic disorder, Pornography/masturbation issues, Anger Management

Insurance Plans**Accepted:**

Medicaid

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Sliding Scale

LGBT Affirmative Treatment?

No

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

No

Doug Snyder, MS

Bear River Mental Health

90 East 200 North, Logan, Ut

Licensed Clinical Mental Health Counselor

(435)752-0750

dsbrmh@gmail.com

Years Post Licensure:

10 - 20 years

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Chronic suicidal ideation, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Schizophrenia/ psychotic disorder,

Insurance Plans**Accepted:**

Medicaid

**Integrative Treatment
with Primary Care or
Others:**

Yes

**Sliding Scale/ Other
Discounts:**

N/A

**LGBT Affirmative
Treatment?**

Yes

**Familiar with Transgender
Issues?**

No

**Faith Based Treatment
Available?**

No

Graca Costa Psy D

Bear River Mental Health

90 E 200 N / Logan / UT 84321

Licensed Psychologist

(435)752-0750

Years Post Licensure:

1 year - 5 years

drgc2007@hotmail.com

Evening Hours:

N/A

Age Groups:Children, Adolescent, Young
adults, Adults**Language(s):**

English

Types of Services:Individual therapy, Family
therapy, Evaluation/assessment**Specialty Areas & Clinical Issues:**Anxiety, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Personality disorders, Self- injurious behaviors,
Health related issues,ADHD/ learning disorders, Testing/ evaluation, EMDR,**Insurance Plans****Accepted:**

Medicaid

**Integrative Treatment
with Primary Care or
Others:**

Yes

**Sliding Scale/ Other
Discounts:**

N/A

**LGBT Affirmative
Treatment?**

No

**Familiar with Transgender
Issues?**

No

**Faith Based Treatment
Available?**

No

Joanne Barnes MSW

Bear River Mental Health

90 East 200 North / Logan, UT 84321
(435)752-0750

Licensed Clinical Social Worker

Years Post Licensure:

20 years plus

Evening Hours:

Tues & Thurs 5pm

Age Groups:

Young adults, Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Chronic suicidal ideation, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self- injurious behaviors, Health related issues, Chronic pain,,

Insurance Plans**Accepted:**

Medicaid

Integrative Treatment with Primary Care or Others:

Yes, coordination of care.

Sliding Scale/ Other Discounts:

N/A

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

No

Joseph Eugene Larkin,**LCSW**

Bear River Mental Health

90 E 200 N / Logan, Utah 84321

(435)752-0750

Licensed Clinical Social Worker

josephelarkin@hotmail.com

Years Post Licensure:

1 year - 5 years

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self- injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Autism spectrum, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Obesity, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, Multicultural/ acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans**Accepted:**

Medicaid

**Integrative Treatment
with Primary Care or
Others:**

Yes

**Sliding Scale/ Other
Discounts:**

Sliding Scale

**LGBT Affirmative
Treatment?**

Yes

**Familiar with Transgender
Issues?**

Yes

**Faith Based Treatment
Available?**

Yes

Karen Lacy, LCSW

Bear River Mental Health

90 East 200 North Logan Utah, 84321

Licensed Clinical Social Worker

(435)752-0750

Years Post Licensure:

6 - 10 years

karenlacy@gmail.com

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self- injurious behaviors, Health related issues, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Dissociative disorders, Parenting traumatized children, Trauma focused CBT, DBT, Anger Management, Identity development, Career development, Gender Dysphoria

Insurance Plans**Accepted:**

Medicaid

**Integrative Treatment
with Primary Care or
Others:**

Yes

**Sliding Scale/ Other
Discounts:**

N/A

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

Yes

Kendell Passey, MSW

Bear River Mental Health

90 E 200 N / Logan, UT 84321

Certified Social Worker

(435) 752-0750

Years Post Licensure:

1 month - 1 year

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy, Group therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, Depression, Child behavioral problems, Autism spectrum, ADHD/ learning disorders, Anger Management

Insurance Plans**Accepted:**

Medicaid

Integrative Treatment with Primary Care or Others:

No

Sliding Scale/ Other Discounts:

N/A

LGBT Affirmative Treatment?

No

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

No

Dan Miggin, MS

Bear River Mental Health

90 E 200 N, Logan /

Licensed Marriage and Family Therapist

(435) 213-9906 : CELL - (435)764-8840

Years Post Licensure:

10 - 20 years

danm@brmh.com

Evening Hours: N/A

Age Groups:

Children, Adolescent, Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Trauma / PTSD, Relationship problems, Personality disorders, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Pornography/masturbation issues, Anger Management

Insurance Plans Accepted:

Medicaid, Select Health, Blue Cross Blue Shield

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

N/A

LGBT Affirmative Treatment?**Familiar with Transgender Issues?**

No

Faith Based Treatment Available?

Yes

SueZan Johnson MSW

Bear River Mental Health

90 East 200 North, Logan, Utah 84321

Licensed Clinical Social Worker

(435)752-0750

Years Post Licensure:

10 - 20 years

suezanljohnson@gmail.com

Evening Hours:

limited 5-6

Age Groups:

Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, Depression, Trauma / PTSD, Relationship problems, Personality disorders, Self- injurious behaviors, Chronic pain, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Dissociative disorders, Anger Management, Identity development

Insurance Plans**Accepted:**

Medicaid, Altius Health Plans,
Blue Cross Blue Shield,
Humana, Select Health, Tri Care

LGBT Affirmative**Treatment?**

Yes

**Familiar with Transgender
Issues?****Integrative Treatment
with Primary Care or
Others:**

Yes, as needed.

No

**Faith Based Treatment
Available?****Sliding Scale/ Other
Discounts:**

N/A

Yes, as needed, usually
Christian based, but others are
possible.

Cache Psychology & Consulting Services

Thomas Wilkinson, PsyD

Cache Psychology and Consulting
Services

Licensed Psychologist

Years Post Licensure:

1 year - 5 years

180 North 100 East / Logan, Utah
84321

(435)938-8690

cachepsychologyconsulting@gmail.c
om

Evening Hours:

By previous arrangement

Age Groups:

Children, Adolescent, Young
adults, Adults, Older adults /
geriatric

Language(s):

English, Spanish

Types of Services:

Individual therapy, Family
therapy, Group therapy,
Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, Depression, Trauma / PTSD, Relationship problems, Health related issues, Chronic pain,,Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Testing/ evaluation, Schizophrenia/ psychotic disorder, Neurocognitive disorder, EMDR,Obesity, Pornography/masturbation issues, Anger Management, Identity development, Career development

Insurance Plans**Accepted:**

None (Does not accept any
insurance)

**Integrative Treatment
with Primary Care or
Others:**

Yes

LGBT Affirmative Treatment?

Yes

Sliding Scale/ Other Discounts:**Familiar with Transgender Issues?**

No

Rates can be negotiated depending on circumstances.

Faith Based Treatment Available?

Yes, adjunct based on the desire of the clients

Cache Valley Community Health Center

Dolores Michael, MS

Cache Valley Community Health Center

1515 N 400 E, Suite 104, North Logan

(435)755-6061

Associate Marriage and Family Therapist

dmichael@cvchc.org

Years Post Licensure:

1 month - 1 year

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Self- injurious behaviors,,Obesity

Insurance Plans**Accepted:**

Medicaid, BlueCross BlueShield, Regence

Integrative Treatment with Primary Care or Others:

Yes, I work collaboratively with the physicians in my practice.

Familiar with Transgender Issues?

Yes

Sliding Scale/ Other Discounts:

Sliding Scale

Faith Based Treatment Available?

No

LGBT Affirmative Treatment?

Yes

Center for Persons with Disabilities

Community Clinic

6800 Old Main Hill, Logan, UT 84322

(435) 797-1981,

Evening Hours:
N/a

Age Groups:

Children, Adolescent, Young
Adults, Adults

Language(s):

English, Spanish translator
available upon request

Types of Services:

Medication management,
evaluations, referrals

Specialty Areas & Clinical Issues:

This is the only interdisciplinary autism evaluation clinic in Utah north of Salt Lake City. An evaluation in this clinic includes evaluating for psychological, medical, communication, occupational therapy and speech/language concerns. We see clients across the age spectrum from children to adults. We have a treatment team for children and adolescents.

Insurance Plans

Accepted:

Most including Medicare
plans

Integrative Treatment with Primary Care or

Others:

Actively refer to therapists in the
valley

Sliding Scale/ Other Discounts:

N/A

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

N/a

Cedar Point Counseling

Ken Weigand, Psy.D.

Cedar Point Counseling

Licensed Psychologist

Years Post Licensure:

10 - 20 years

246 East 1260 North, Logan, UT
84341

(435)750-6300, x261

DrKenWeigand@gmail.com

Evening Hours:

Mondays, Wednesdays at 5:30 and 6:30, plus
Saturday mornings

Age Groups:

Adolescent, Young Adults,
Adults

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, Depression, Grief, Relationship problems, Sexual dysfunctions, Health related issues, Chronic pain, Crisis of faith/ spirituality concerns, Parenting issues, ADHD/ learning disorders, Insomnia, Smoking cessation, Hypertension, Headaches, Sleep apnea, Anger Management, Identity development, Sexual orientation

Insurance Plans Accepted:

LGBT Affirmative Treatment?

Yes

Integrative Treatment with Primary Care or Others:

Yes, I currently work in primary care clinic and practice as a Behavioral Health Consultant.

Familiar with Transgender Issues?

No

Sliding Scale/ Other Discounts:

N/A

Faith Based Treatment Available?

No

Tyler Patrick MS

Cedar Point Counseling

40W Cache Valley Blvd #3d, Logan,
UT 84341Licensed Marriage and Family
Therapist

(208)351-9687

Years Post Licensure:

6 - 10 years

tylerpatricklmft@gmail.com

Evening Hours:

Most evening hours are for group work

Age Groups:Adolescent, Young adults,
Adults**Language(s):**

English

Types of Services:Individual therapy, Family
therapy, Couple therapy, Group
therapy,**Specialty Areas & Clinical Issues:**Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual
dysfunctions, Personality disorders, Self- injurious behaviors, Health related issues, Chronic pain, Eating
disorders, Parenting issues, Pornography/masturbation issues**Insurance Plans****Accepted:**

Regence

**Integrative Treatment
with Primary Care or
Others:**

Yes

**Sliding Scale/ Other
Discounts:**

N/A

**LGBT Affirmative
Treatment?**

No

**Familiar with Transgender
Issues?**

No

**Faith Based Treatment
Available?**

Yes

Additional Information:We run the nationally recognized LifeSTAR treatment for those who struggle with compulsive sexual
behaviors and their partners.

Travis Christensen, CMHC

Counseling for Change

775 South Main Street / Logan Utah,
84323

Licensed Clinical Mental Health
Counselor

(435)258-8533

Years Post Licensure:

6 - 10 years

Counseling4change@gmail.com

Evening Hours:

3-9 pm

Age Groups:

Children, Adolescent, Young
adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy, Group
therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Relationship problems, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/ learning disorders, Substance abuse/dependence, Pornography/masturbation issues, Anger Management

Insurance Plans

Accepted:

BlueCross BlueShield

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Sliding scale

LGBT Affirmative Treatment?

No

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

Yes

Additional Information:

We have a unique understanding of the concepts of change and the personal challenges and struggles that affect our ability to take control of our lives and circumstances. We are trained in DBT (Dialectical Behavior Therapy), certified in MRT (Moral Reson

Jeffrey McCann MD

Intermountain Healthcare, Logan
Regional Hospital, Budge Clinic

1300 North 500 East #250
(435)716-5790

Psychiatrist

jeffrey.mccann@imail.org

Years Post Licensure:
6 - 10 years

Evening Hours:
N/A

Age Groups:

Adolescent, Young adults,
Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy,
Evaluation/assessment,
Medication management

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Trauma / PTSD, Chronic suicidal ideation, Personality disorders, Health related issues, Eating disorders, Autism spectrum, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Neurocognitive disorder, Substance abuse/dependence

Insurance Plans

Accepted:

Altius Health Plans, BlueCross
BlueShield, Humana, Regence,
Select Health, Tri Care

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Discounts may be arranged
through Logan Regional
Hospital.

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

No

Tyler Christensen, Ph.D.

Intermountain Medical Group Mental
Health Integration Program

1350 N. 500 E. / Logan, UT 84341

(435) 716-1855

Licensed Psychologist

tyler.christensen@imail.org

Years Post Licensure:

1 year - 5 years

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young
adults, Adults, Older adults /
geriatric

Language(s):

English

Types of Services:

Individual therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Personality disorders, Health related issues, Chronic pain, Eating disorders, Crisis of faith/ spirituality concerns, Obesity, Substance abuse/dependence, Anger Management, Identity development

Insurance Plans**Accepted:**

Aetna, DMBA, EBS RemsCo,
EMIHealth, Medicare, Millers,
MHNET, Monlina Medicare,
Optium-Tricare, PEHP, Tall Tree

**Integrative Treatment
with Primary Care or
Others:**

Yes

**Sliding Scale/ Other
Discounts:**

Intermountain does offer
financial aid for those who
qualify- similar to sliding scale.

**LGBT Affirmative
Treatment?**

No

**Familiar with Transgender
Issues?**

No

**Faith Based Treatment
Available?**

No

Additional Information:

Outside providers cannot refer to me. I work within Mental Health Integration model and so only the physicians at the clinics where I am working can refer to me and all the patients I see have to be a patient at that particular clinic. However, I do frequ

LDS Family Services

Dan Miggin, MS

LDS Family Services

90 E 200 N, Logan /

Licensed Marriage and Family
Therapist

(435) 752-5302 : CELL - (435)764-8840

danm@brmh.com

Years Post Licensure:

10 - 20 years

Evening Hours:

at LDS Family Services only

Age Groups:

Children, Adolescent, Young
adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy,
Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Trauma / PTSD, Relationship problems, Personality disorders, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Pornography/masturbation issues, Anger Management

Insurance Plans

Accepted:

Medicaid, Select Health, Blue
Cross Blue Shield

Integrative Treatment

with Primary Care or

Others:

Yes

Sliding Scale/ Other

Discounts:

N/A

LGBT Affirmative Treatment?

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

Yes

Jared Taylor, MSW

LDS Family Services

175 West 1400 North, Suite A / Logan
UT 84341

Licensed Clinical Social Worker

(435)752-5302

Years Post Licensure:

10 - 20 years

taylorja@ldschurch.org

Evening Hours:

N/A

Age Groups:Adolescent, Young adults,
Adults**Language(s):**

English

Types of Services:Individual therapy, Family
therapy, Couple therapy, Group
therapy, Evaluation/assessment**Specialty Areas & Clinical Issues:**Anxiety, Stress, OCD, Depression, Grief, Trauma / PTSD, Relationship problems, Crisis of faith/ spirituality concerns,
Parenting issues, Pornography/masturbation issues, Anger Management, Career development**Insurance Plans****Accepted:**Altius Health Plans, BlueCross
BlueShield, Tri Care**Integrative Treatment
with Primary Care or****Others:**Yes, Will consult with other
providers/prescribers related to
treatment needs of client, with
consent.**Familiar with Transgender
Issues?****Sliding Scale/ Other
Discounts:**

Services subsidized by Bishops

**LGBT Affirmative
Treatment?****Faith Based Treatment
Available?**

Yes, to those whom request it.

Russell Seigenberg, Ph.D.

LDS Family Services

175 W. 1400 N. Logan, Utah 84341

Licensed Psychologist

(435)752-5302

Years Post Licensure:

20 years plus

visionbooks@comcast.net

Evening Hours:

N/A

Age Groups:

Adolescent, Young adults,
Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Crisis of faith/
spirituality concerns, Pornography/masturbation issues, Anger Management

Insurance Plans**Accepted:**

Altius Health Plans, BlueCross
BlueShield, Regence, Select
Health

**LGBT Affirmative
Treatment?**

No

**Integrative Treatment
with Primary Care or
Others:**

Yes

**Familiar with Transgender
Issues?**

No

**Sliding Scale/ Other
Discounts:**

N/A

**Faith Based Treatment
Available?**

Yes

Mt. Logan Clinic

Bruce Johns, Ph.D.

Mt. Logan Clinic

Licensed Psychologist

Years Post Licensure:

20 years plus

246 East Center St. / P.O. Box 6244 /
Logan, UT 84341 /

(435)750-6300

brucerjohns@gmail.com

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young
adults, Adults, Older adults /
geriatric

Language(s):

English, Spanish

Types of Services:

Individual therapy, Family
therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self- injurious behaviors, Chronic pain, Eating disorders, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Obesity, Pornography/masturbation issues, Anger Management, Identity development, Sexual orientation

Insurance Plans**Accepted:**

Altius Health Plans, BlueCross BlueShield, Regence, Select Health

LGBT Affirmative Treatment?

No

Integrative Treatment with Primary Care or Others:

Yes

Familiar with Transgender Issues?

No

Sliding Scale/ Other Discounts:

N/A

Faith Based Treatment Available?

Yes

Julie A. Pelletier, PhD

Mt. Logan Clinic

246 E 1260 N / Logan, UT 84341

Licensed Psychologist

(435) 750-6300 x253

Years Post Licensure:

1 year - 5 years

pelletier.mtlogan@gmail.com

Evening Hours:

This varies by provider. I have evening hours on Tuesdays, Wednesdays, and Thursdays

Age Groups:

Children, Adolescent, Young adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Chronic suicidal ideation, Personality disorders, Self- injurious behaviors, Health related issues, Eating disorders, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Testing/ evaluation, DBT skills training class for adolescents, Pornography/masturbation issues, Anger Management, Sexual orientation, Gender Dysphoria

Insurance Plans**Accepted:**

Tri Care, Cigna, Aetna, MH Net, United Behavioral Health

Integrative Treatment with Primary Care or Others:

Yes, I regularly consult with PCPs, school teams, and psychiatrists.

Sliding Scale/ Other Discounts:

One pro bono slot in schedule- when available.

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

No

Kyle Max Hancock, PhD

Mt. Logan Clinic

246 E. 1260 N. / Logan, UT 84341

Licensed Psychologist

4357506300

Years Post Licensure:

1 year - 5 years

kyle@mtloganclinic.com**Evening Hours:**

N/A

Age Groups:

Children, Adolescent, Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self- injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/ learning disorders, Testing/ evaluation, Schizophrenia/ psychotic disorder, Neurocognitive disorder, Dissociative disorders, School Psychologist, Obesity, Pornography/masturbation issues, Anger Management, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans**Accepted:**

Altius Health Plans, BlueCross BlueShield, Humana, Regence

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Based upon individual needs and evaluation; determined at the sole discretion of the provider.

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

Yes

Additional Information:

We offer a DBT group for adolescents and a process group for individuals with eating disordered symptoms.

Private Practice

Alex Baird, MS

Private Practice

184 N 100 E, Ste. A / Logan, UT 84321

Licensed Marriage and Family
Therapist

(435)232-9231

alex.counseling@yahoo.com

Years Post Licensure:

1 year - 5 years

Evening Hours:

6 and 7pm appointments available.

Age Groups:

Children, Adolescent, Young
adults, Adults, Older adults /
geriatric

Language(s):

English, Italian

Types of Services:

Individual therapy, Family
therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Relationship problems, Personality disorders, Self-injurious behaviors, Health related issues, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Obesity, Pornography/masturbation issues, Anger Management, Identity development, Sexual orientation

Insurance Plans

Accepted:

None (Does not accept any
insurance)

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

No sliding scale- offers lower
fees to students and individuals
who are struggling financially.

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

Yes, Christian

Dave Robinson, PhD

Private Practice

493 N 700 E, Logan, Utah, 84321

Licensed Marriage and Family
Therapist

(435)797-7431

dave.r@usu.edu

Years Post Licensure:

10 - 20 years

Evening Hours:

N/A

Age Groups:

Adolescent, Young adults,
Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Depression, Grief, Relationship problems, Sexual dysfunctions, Health related issues, Parenting issues, Couple therapy for pornography addiction, mindfulness and relaxation training, Pornography/masturbation issues

Insurance Plans**Accepted:**

BlueCross BlueShield

**LGBT Affirmative
Treatment?****Integrative Treatment
with Primary Care or****Others:**

Yes, Collaborative practice in a
hospital/outpatient setting for 14
years.

**Familiar with Transgender
Issues?****Sliding Scale/ Other
Discounts:**

N/A

**Faith Based Treatment
Available?**

Yes

Additional Information:

I practice from a biopsychosocial-spiritual family systems perspective. I strive to integrate key players (spouses/family members) into the treatment of many of the common mental/physical health conditions. I have extensive experience collaborating with primary care physicians in their use of psycho-pharmacological agents with their patients.

David Christian, Ph.D.

Private Practice

Licensed Psychologist

Years Post Licensure:

20 years plus

629 S. 575 W. Logan, UT 84321

(435)753-1600 x118 (billing office)

dchristian999@gmail.com

Evening Hours:

N/A

Sandra A. Krambule

Private Practice

Licensed Marriage and Family
Therapist**Years Post Licensure:**

10 - 20 years

580 N. Main, Ste:250-C

(435) 881-7966

Sandykrambule@gmail.com

Evening Hours:

6:00 pm is the last appointment time

Age Groups:Children, Adolescent, Young
adults, Adults, Older adults /
geriatric**Language(s):**

English

Types of Services:Individual therapy, Family
therapy, Couple therapy**Specialty Areas & Clinical Issues:**

Anxiety, Stress, Depression, Grief, Trauma / PTSD, Relationship problems, Health related issues, Self-injurious behaviors, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Anger Management, Identity development

Insurance Plans**Accepted:**BlueCross BlueShield,
Regence, Wise Provider
Networks, ComPsych EAP,
others in process**LGBT Affirmative
Treatment?**

Yes

**Integrative Treatment
with Primary Care or
Others:****Familiar with Transgender
Issues?**

Yes

No

**Sliding Scale/ Other
Discounts:**

N/A

**Faith Based Treatment
Available?**

Yes

Additional Information:

I have worked 12 years at a community mental health center in Wyoming with a wide variety of experience. I have worked with a lot of abuse victims as well

Wellspring Therapy Center

Laurel Carter, LMFT

Private Practice -Wellspring Therapy
Center

10 S 1st W # B Preston, ID 83263 / /
2150 N Main #10 Logan, UT 84341

Licensed Marriage and Family
Therapist

(208) 852-0566

laurelcarter60@gmail.com

Years Post Licensure:

10 - 20 years

Evening Hours:

N/A

Age Groups:

Adolescent, Young adults,
Adults

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Depression, Trauma / PTSD, Relationship problems, Self- injurious behaviors,,

Insurance Plans

Accepted:

Altius Health Plans, BlueCross
BlueShield, Humana, Regence,
Select Health

LGBT Affirmative Treatment?

Yes

Integrative Treatment with Primary Care or Others:

Yes

Familiar with Transgender Issues?

No

Sliding Scale/ Other Discounts:

N/A

Faith Based Treatment Available?

Yes, if asked for.

Summit Counseling Services

Heather Stephenson, MS

Summit Counseling Services

2150 N. Main Ste 10 / Logan, UT
84341

(435)752-4646

Licensed Clinical Mental Health
Counselor

HeatherS.LPC@gmail.com

Years Post Licensure:

1 year - 5 years

Evening Hours:

Tuesday and sometimes Wednesday

Age Groups:

Children, Adolescent, Young
adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family
therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Depression, Grief, Trauma / PTSD, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Registered play therapist,

Insurance Plans

Accepted:

BlueCross BlueShield,
Regence, PEHP, Educators
Mutual, Aetna, Wise

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Cash discount if not billing
insurance.

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

Yes

Michael K. Hinds, M.S.

Summit Counseling Services

2150 North Main, Suite 10 / North
Logan, UT 84341

Licensed Marriage and Family
Therapist

(435)752-4646

Years Post Licensure:

10 - 20 years

summitcs@gmail.com

Evening Hours:

yes, limited

Age Groups:

Children, Adolescent, Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Relationship problems, Sexual dysfunctions, Parenting issues, Child behavioral problems, Anger Management

Insurance Plans**Accepted:**

Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health, Tri Care, Cigna

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Sliding Scale

LGBT Affirmative Treatment?

No

Familiar with Transgender Issues?

No

Faith Based Treatment Available?

Yes

Laurel Carter, LMFT

Summit Counseling Services

10 S 1st W # B Preston, ID 83263 / /
2150 N Main #10 Logan, UT 84341Licensed Marriage and Family
Therapist

(435) 752-4646

Years Post Licensure:

10 - 20 years

laurelcarter60@gmail.com

Evening Hours:

N/A

Age Groups:

Adolescent, Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Depression, Trauma / PTSD, Relationship problems, Self- injurious behaviors,,

Insurance Plans**Accepted:**

Altius Health Plans, BlueCross
BlueShield, Humana, Regence,
Select Health

**LGBT Affirmative
Treatment?**

Yes

**Integrative Treatment
with Primary Care or****Others:**

Yes

**Familiar with Transgender
Issues?**

No

**Sliding Scale/ Other
Discounts:**

N/A

**Faith Based Treatment
Available?**

Yes, if asked for.

Sweetgrass Counseling Services

Deb Cupal, Ph.D.

Sweetgrass Counseling Services

59 Canterbury Lane, Logan, UT
84321

Licensed Clinical Mental Health
Counselor

801 660 0542

Years Post Licensure:

10 - 20 years

dddwil13@gmail.com

Evening Hours:

N/A

Age Groups:

Children, Adolescent, Young
adults, Adults, Older adults /
geriatric

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Health related issues, Chronic pain, Eating disorders, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Pain management, Sleep disturbance, Sport psychology, Imagery, Hypnosis, nationally certified sport consultant, USOC sport psychology registry, Obesity, Anger Management, Multicultural/ acculturation issues, Identity development

Insurance Plans**Accepted:**

, BlueCross BlueShield,
Regence, GEHA, United

**Integrative Treatment
with Primary Care or
Others:**

Yes

Sliding Scale/ Other**Discounts:**

Sliding scale and other discounts
upon circumstance.

**LGBT Affirmative
Treatment?**

Yes

**Familiar with Transgender
Issues?**

Yes

**Faith Based Treatment
Available?**

Yes

Additional Information:

particularly interested in women's issues, child & teen issues, performance-related issues, all health issues

Utah State University

Twohig's Anxiety Clinic

Utah State community Clinic

USU EDU building

Student therapists supervised by
licensed psychologist

(435) 797-3401

michael.twohig@usu.edu

Years Post Licensure:

1 year - 5 years

Evening Hours:

until 8:00

Age Groups:

Adolescent, Young adults,
Adults, Older adults / geriatric

Language(s):

English

Types of Services:

Individual therapy

Specialty Areas & Clinical Issues:

Anxiety, Stress, Trauma / PTSD,,

Insurance Plans**Accepted:**

None (Does not accept any
insurance)

**Integrative Treatment
with Primary Care or
Others:**

No

Sliding Scale/ Other**Discounts:**

Sliding Scale

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

No

Jim Davis, M.D.

USU Student Health & Wellness

850 East 1200 North / 9100 Old Main Hill

Physician

(435)797-1660

Years Post Licensure:

20 years plus

jim.davis@usu.edu

Evening Hours:

N/a

Age Groups:

Young adults, Adults

Language(s):

English

Types of Services:Individual therapy,
Evaluation/assessment,
Medication management**Specialty Areas & Clinical Issues:**

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self- injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Sports Psychology, Obesity, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, Multicultural/ acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans Accepted:

BlueCross BlueShield, First Student (USU Select Health Insurance) Regence, Select Health,

Integrative Treatment with Primary Care or Others:

Yes

Sliding Scale/ Other Discounts:

Students at USU are seen without any out-of-pocket expense for BH providers.

LGBT Affirmative Treatment?

Yes

Familiar with Transgender Issues?

Yes

Faith Based Treatment Available?

No

Additional Information:

USU Students only

Amy Kleiner, Ph.D.

Utah State University Counseling and
Psychological Services

306 Taggart Student Center, USU

(435)797-1012

Licensed Psychologist

amy.kleiner@usu.edu

Years Post Licensure:

6 - 10 years

Evening Hours:

N/A

Age Groups:

Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Couple
therapy, Group therapy,
Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self- injurious behaviors, Eating disorders, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Testing/ evaluation, Dissociative disorders, Obesity, Pornography/masturbation issues, Anger Management, Multicultural/ acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans**Accepted:**

None (Does not accept any
insurance)

**Integrative Treatment
with Primary Care or
Others:**

Yes, We would like to move to
this model of being more
integrative.

**Sliding Scale/ Other
Discounts:**

N/A

**LGBT Affirmative
Treatment?**

Yes

**Familiar with Transgender
Issues?**

Yes

**Faith Based Treatment
Available?**

No

Additional Information:

Eligible to USU Main Campus students only at this time.

Steven Lucero, Ph.D.

Utah State University Counseling and
Psychological Services

0115 Old Main Hill / Logan, UT 84322

(435)797-1012

Licensed Psychologist

steven.lucero@usu.edu

Years Post Licensure:

1 month - 1 year

Evening Hours:

N/A

Age Groups:

Young adults, Adults

Language(s):

English

Types of Services:

Individual therapy, Family
therapy, Couple therapy, Group
therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:

Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self- injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/ learning disorders, Testing/ evaluation, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, Multicultural/ acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans**Accepted:**

None (Does not accept any
insurance)

**Integrative Treatment
with Primary Care or****Others:**

Yes, USU Student Health
Center.

**Sliding Scale/ Other
Discounts:**

I only work with USU students
through CAPS or the
Department of Veterinary
Medicine

**LGBT Affirmative
Treatment?**

Yes

**Familiar with Transgender
Issues?**

Yes

**Faith Based Treatment
Available?**

Yes, Spiritually Integrated
Psychotherapy
