Cache Valley Mental Health Provider Directory

**Alternative Perspectives**

295 W Schress Ct Nibley, UT 84321

Openshaw, Kim, PhD, LMFT, LCSW................................................................. (435) 753-7333

**Associated Psychotherapists**

120 N Main Brigham City UT

www.associatedpsych.com

Arrington, John LMFT......................................................................................... (435) 723-2881

Christensen, John MLFT..................................................................................... (435) 723-2881

Williams, Jason LMFT........................................................................................ (435) 723-2881

**Bear River Mental Health (Cache County)**

90 East 200 North, Logan UT 84321

brmh.com

More information ................................................................................................... Pg. 12

Barnes, Joanne MSW .......................................................................................... (435) 752-0750

Bergman, Jennifer LMFT ..................................................................................... (435) 752-0750

Boman, Adam MSW ............................................................................................. (435) 752-0750

Child, Curtis APRN .............................................................................................. (435) 752-0750

Costa, Graça Psy D ............................................................................................... (435) 752-0750

Cronquist, Ranee LCSW ....................................................................................... (435) 752-0750
Elder, Melanie LCSW ................................................................. (435) 752-0750
Faucette, Donavan LCSW .......................................................... (435) 752-0750
Ghadban, Roueida PhD ............................................................. (435) 752-0750
Johnson, SueZan MSW .............................................................. (435) 752-0750
Lacy, Karen LCSW ................................................................. (435) 752-0750
Larkin, Joseph LCSW ............................................................... (435) 752-0750
Miggin, Dan MS ........................................................................ (435) 752-0750
Mitchell, Tim LMFT ................................................................. (435) 752-0750
Passey, Kendell MSW ............................................................... (435) 752-0750
Redd, Ed MD ........................................................................... (435) 752-0750
Snyder, Doug MS ...................................................................... (435) 752-0750
Steiner, Brian LMFT .................................................................. (435) 752-0750
Spencer, Wes Ph.D (pg. 13) ....................................................... (435) 752-0750

Bear River Mental Health (Box Elder County)

663 West Hospital Road, Brigham City, UT 84302
brmh.com

Brog, Carolina CSW ................................................................. (435) 734-9449
Bingham, Lance LCSW ............................................................ (435) 734-9449
Brown, Luellen LCSW ............................................................. (435) 734-9449
Chertudi, Nik LPC .................................................................. (435) 734-9449
Durfey, LeAnn CSW ............................................................... (435) 734-9449
Frost, Tim LCSW ...................................................................... (435) 734-9449
Huffaker, Tyler LCSW ............................................................. (435) 734-9449
Johnson, Scott CSW ............................................................... (435) 734-9449
Lamoreaux, Laura  PhD Psychologist ................................................................. (435) 734-9449
Nichols, Melissa CSW ....................................................................................... (435) 734-9449
Springer, Kristin LCSW ................................................................................... (435) 734-9449
Blake Petrick, APRN ......................................................................................... (435) 734-9449

**Cache Psychology and Consulting Services**

180 North 100 East / Logan, Utah 84321

cachepsychologyconsulting@gmail.com

More information ................................................................................................. Pg. 19

Thomas Wilkinson, PsyD .................................................................................... (435) 938-8690

**Capstone Counseling**

55 N Main St #205, Logan, UT 84321

......................................................................................................................... (801) 341-0411

**Cache Valley Community Health Center**

1515 N 400 E, Suite 104, North Logan

dmichael@cvchc.org

More information ................................................................................................. Pg. 20

Robinson, Dave .................................................................................................... (435)755-6061

Michael, Dolores  MS ......................................................................................... (435)245-6988

**Cedar Point Counseling**

246 East 1260 North, Logan, UT 84341

More information ................................................................................................. Pg. 22

Weigand, Ken  Psy.D. ...........................................................................................(208)351-9687
Patrick, Tyler  MS ............................................................................................ (435)750-6300, x261

Child and Family Support Center

380 W 1400 N Logan, UT 84341

Calloway-Graham, Diane PhD ................................................................. (435)752-8880
Sorensen, Janae LCSW ............................................................................ (435)7528-880
Andersen, Jackie CSW ........................................................................... (435)752-8880

Comprehensive Treatment Clinic

40 W Cache Valley Blvd 10A Logan, UT 84321

Freestone, Todd LCSW .............................................................................. (435)787-2272
Hedelius, Matthew Psy.D, LCSW .......................................................... (435)787-2272

Counseling for Change

775 South Main Street / Logan Utah, 84323

Counseling4change@gmail.com

More information ....................................................................................... Pg. 25

Allred, David CMHC ................................................................................. (435)258-8533
Christensen, Travis CMHC ................................................................. (435)258-8533

Family Institute

190 E Center Logan UT 84321

Barlow, Kevin LMFT ................................................................................ (435) 752-1976
Campbell, Susan PhD ............................................................................. (435) 752-1976
Hale, Alli CSW ....................................................................................... (435) 752-1976
Nelson, Jeannine LCSW ........................................................................ (435) 752-1976
Peck, Jeanie LCSW ......................................................................................... (435) 752-1976
Ramboz, Bryan PhD, LMFT ................................................................. (435) 752-1976

**Intermountain Clinics**

1350 N. 500 E. Logan, UT 84341

More information ............................................................................... **Pg. 26**

Christensen, Tyler Ph.D. ........................................................................ (435) 716-1855

**LDS Family Services**

175 W. 1400 N. Logan, Utah 84341

More information ............................................................................... **Pg. 27**

Alder, Brock LCSW ....................................................................................... (435) 752-5302
Anderson, Kathy LMFT ............................................................................ (435) 752-5302
Burborough, Sandy LCSW ........................................................................ (435) 752-5302
Finley, Paul LMFT ..................................................................................... (435) 752-5302
Kerkmann, Barbara LMFT ....................................................................... (435) 752-5302
Lafkas, Sara LCSW ...................................................................................... (435) 752-5302
Lund, Elizabeth LCSW .............................................................................. (435) 752-5302
McBride, Jeff LMFT .................................................................................. (435) 752-5302
Miggin, Dan MS ......................................................................................... (435) 752-5302
Oyler, Krys LCSW ..................................................................................... (435) 752-5302
Patrick, Tyler LMFT .................................................................................. (435) 752-5302
Ramboz, Bryan LMFT ............................................................................... (435) 752-5302
Seigenberg, Russell Ph.D. ....................................................................... (435) 752-5302
Smart, David PhD ..................................................................................... (435) 752-5302
Sorenson, Dan LCSW ............................................................................... (435) 752-5302
Taylor, Jared LCSW .................................................................................... (435)752-5302
Taylor, Jared MSW .................................................................................... (435)752-5302
Wheatley, Dennis LMFT .............................................................................. (435)752-5302

**Lifespan**

881 East 150 North, Logan, UT 84321

Barnes, Terry MS, LMFT ............................................................................ (435)753-0272
Galliher, Ranae PhD ................................................................................ (435)753-0272

**LifeSTAR of Northeastern Utah**

1115 N 200 E Ste # 250, Logan, UT 84321

Patrick, Tyler LMFT .................................................................................. (208) 351-9687
Patrick, Brannon LCSW ............................................................................. (208) 351-9688

**Logan Regional Behavioral Health Institute**

1300 N 500 E #250 Logan UT 84341

More information ...................................................................................... Pg. 26
Merrill, Brian D.O. Psychiatrist ................................................................... (435) 716-5790
McCann, Jeffrey M.D. Psychiatrist .............................................................. (435) 716-5790

**Mt. Logan Clinic**

246 E 1260 N Logan, UT 84341

More information ...................................................................................... Pg. 30
Frazier, Monique PhD .............................................................................. (435)750-6300
Hancock, Kyle Max PhD ............................................................................ (435)750-6300
Johns, Bruce Ph.D ....................................................................................... (435)750-6300
Jones, Stacy Ph.D ....................................................................................... (435)750-6300
Personal Resilience, LLC

130 S Main #215 Logan, UT 84321

Wright, Merilyn MS, CMHC ................................................................. (435) 512-8830

Resilience Counseling Services

580 N Main Ste 250-A Clock Tower Plaza, Logan UT 84321

Sorenson, C.J. LCSW ........................................................................ (435) 612-0788

Summit Counseling Services

2150 North Main, Suite 10 North Logan, UT 84341

www.summitcounselingservices.com

More information ................................................................. Pg. 35

Carter, Laurel MS ........................................................................ (435)752-4646

Hinds, Charles MS, LMFT ............................................................... (435)752-4646

Hinds, Michael M.S. .................................................................... (435)752-4646

Stephenson, Heather MS ................................................................ (435)752-4646

Sweetgrass Counseling Services

59 Canterbury Lane, Logan, UT 84321

More information ................................................................. Pg. 39

Cupal, Deb Ph.D CMHC .............................................................. (801) 660-0542
Touchstone Therapy Center, Inc
55 E 100 N Logan UT 84321
Deprizio, Ray LCSW, PsyD ................................................................. (435)770-7123

Center for Persons with Disabilities
6813 Old Main Hill Logan, UT
More information ................................................................. Pg. 21
Odell, Dennis MD ................................................................. (435) 797-2750
Field, Clinton PhD ............................................................... (435) 797-2750
Peck, Jeanie LCSW ............................................................... (435) 797-2619
Toohill, Martin PhD ............................................................... (435) 797-2002
Wootton, George NP ............................................................. (435) 797-2750

USU Counseling and Psychological Services (CAPS)
0115 Old Main Hill Logan UT 84332
More information ................................................................. Pg. 40
Barker, Justin PsyD ................................................................. (435) 797-1012
Bentley, Eri PhD., CGP ............................................................... (435) 797-1012
Bush, David PhD ................................................................. (435) 797-1012
Chapman, Chris PhD .............................................................. (435) 797-1012
Helms, LuAnn PhD ............................................................... (435) 797-1012
Kleiner, Amy PhD ................................................................. (435) 797-1012
Lucero, Steve PhD ................................................................. (435) 797-1012
Nafziger, Mark PhD ............................................................... (435) 797-1012
USU Disability Resource Center
0101 Old Main Hill Logan UT 84321
Baum, Diane MS, CRC .......................................................... (435) 797-2444

USU Marriage and Family Therapy Clinic
493 N 700 E Logan UT 84321
Robinson, Dave PhD, LMFT ................................................... (435) 797-7430

USU Student Health and Wellness Center
850 E 1200 N Logan UT 84322
More information ............................................................... Pg. 40
Booton, Beth FNP ................................................................. (435) 797-1660
Davis, Jim MD ....................................................................... (435) 797-1660
Erazo, Jenny CSW ............................................................... (435) 797-1660
Matthews, James M.D. ....................................................... (435) 797-1660
Merrill, Brian D.O. Psychiatrist ........................................... (435) 797-1660
Parker, Brooke R.D. ........................................................... (435) 797-1660
Price, Tom PAC ................................................................. (435) 797-1660
Thomson, Donalee APRN .................................................. (435) 797-1660

Avalon Hills Residential Eating Disorders Program
175 East 100 North, Logan Utah 84321
Speth, Chad APRN ............................................................... (435) 755-0439
Bear Lake Community Health Health Center
325 W Logan Hwy #3 Garden City, UT
.................................................................(435) 946-3660

Uintah Academy
3746 South 4800 West, Wellsville, UT 84339
.................................................................(435) 565-4918

Private Practice
More information ........................................ Pg. 33
Anderson, Kent PhD ...........................................(435) 752-7627

545 W 464 N #130 Providence UT 84332
Atkin, Thomas E. Psy.D ...........................................(435) 792-0355

3000 N Main Suite 2B North Logan, UT 84341
Bailey, Emily CSW .............................................(801) 866-4282

18 N 200 E Suite 307 Tremonton
Baird, Alex LMFT .............................................(435) 319-4087

184 N 100 E Suite A Logan UT
Baumann, Carol LCSW .......................................(435) 563-1408

162 E 100 S Hyde Park UT 84341
Boswell, Michelle ...............................................

1755 N 400 E North Logan UT 84341
Campbell, Sue PhD, MFT ....................................(435) 227-5010

130 South Main Suite 215 Logan UT, 84321
Christian, David  PhD, PC.......................................................... (435) 753-1600 x118
629 S 575 W Logan UT 84321

Danielson, Tricia LMFT .......................................................... (435) 565-4325
270 N Main Logan UT 84321

Fraleigh, Lisa DO................................................................. (435) 213-3797
112 E 100 N Suite A: Logan, UT 84321

Horsley, Sean LCSW ............................................................. (435) 225-2645
18 N 200 E Suite 307 Tremonton

Keeler, Shanette LCSW.......................................................... (435) 753-6882
399 N Main 3rd Floor Logan UT 84321

King, Pamela LMFT ............................................................... (435) 787-4517
55 E 100 N Suite 204 Logan UT 84321

Krambule, Sandy LMFT .......................................................... (435) 881-7966
580 N Main #250 C Logan UT 84321

Martinez, Angela CSW .......................................................... (435) 881-6438
18 N 200 E Suite 307 Tremonton

Morgan, Jill T. LCSW ............................................................... (435) 760-6721
1755 N 400 E Suite 103 North Logan UT 84341

Randall, Marque PhD ............................................................ (435) 753-2687
493 N. 700 E. Logan UT 84341

Robinson, Dave PhD, LMFT .................................................. (435) 797-7431
1300 N 200 E Suite 114 A Logan UT 84341
Sazama, Gary PhD ...........................................................................................................(435) 752-8010

493 North 700 East Logan UT
Seedall, Ryan LMFT ........................................................................................................(435) 797-7433

150 E 200 N Logan UT 84321
Sharp, Gary .........................................................................................................................(435) 225-1132

1635 N 200 E Logan UT 84341
Spendlove, Alan CMHC .....................................................................................................(435) 890-5538

431 W 200 N, Brigham City, UT 84302
Webb, Nancy RN, MS, LMFT .............................................................................................(435) 915-6418

550 E 1400 N Suite H Logan, UT 84321
Weigand, Ken PsyD ..............................................................................................................(435) 750-6300

246 E 1260 N Logan UT 84341
White, Gaylyn CMHC ........................................................................................................(435) 730-3888

431 W 600 N Tremonton UT

Wellspring Therapy Center

10 S 1st W # B Preston ID
Carter, Laurel LMFT ...........................................................................................................(208) 852-0566
**Wes Spencer, Ph.D.**  
Bear River Mental Health  
Licensed Psychologist  
Years Post Licensure:  
10 - 20 years  

<table>
<thead>
<tr>
<th>Age Groups:</th>
<th>Language(s):</th>
<th>Types of Services:</th>
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<tr>
<td>Children, Adolescent, Young adults, Adults, Older adults / geriatric</td>
<td>English</td>
<td>Individual therapy, Couple therapy, Group therapy, Evaluation/assessment</td>
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**90 East 200 North, Logan UT 84321**  
(435) 752-0750  
spencer.wes@gmail.com (don’t provide to clients)  
Evening Hours:  
Early evening (5 pm)  

**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Chronic suicidal ideation, Trauma / PTSD, Relationship problems, Personality disorders, Self- injurious behaviors, Health related issues, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Testing/ evaluation, Schizophrenia/ psychotic disorder, Neurocognitive disorder, Dissociative disorders, Obesity, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, Identity development

**Insurance Plans Accepted:**  
Medicaid, Select Health

**Integrative Treatment with Primary Care or Others:**  
Yes

**Sliding Scale/ Other Discounts:**  
Sliding Scale and discounts under certain conditions (mental health court or civilly committed).

**LGBT Affirmative Treatment?**  
Yes

**Familiar with Transgender Issues?**  
No

**Faith Based Treatment Available?**  
Yes

---

**Adam Boman, MSW**  
Bear River Mental Health  
Certified Social Worker  
Years Post Licensure:  
1 month - 1 year  

<table>
<thead>
<tr>
<th>90 East 200 North / Logan, Utah 84321</th>
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<tbody>
<tr>
<td>(435)752-0750, x651</td>
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adabom@yahoo.com |

**Evening Hours:**  
N/A
### Doug Snyder, MS

**Bear River Mental Health**  
Licensed Clinical Mental Health Counselor  

<table>
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<th><strong>Age Groups:</strong></th>
<th><strong>Language(s):</strong></th>
<th><strong>Types of Services:</strong></th>
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<tr>
<td>Children, Adolescent, Young adults, Adults</td>
<td>English</td>
<td>Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment</td>
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**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, Bipolar disorders, Depression, Trauma / PTSD, Relationship problems, Crisis of faith/spirituality concerns, Parenting issues, Child behavioral problems, Schizophrenia/psychotic disorder, Pornography/masturbation issues, Anger Management  

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<th><strong>Insurance Plans Accepted:</strong></th>
<th><strong>Integrative Treatment with Primary Care or Others:</strong></th>
<th><strong>Sliding Scale/ Other Discounts:</strong></th>
<th><strong>LGBT Affirmative Treatment?</strong></th>
<th><strong>Familiar with Transgender Issues?</strong></th>
<th><strong>Faith Based Treatment Available?</strong></th>
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<tr>
<td>Medicaid</td>
<td>Yes</td>
<td>Sliding Scale</td>
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<td>No</td>
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**Years Post Licensure:**  
10 - 20 years  

**Contact Information:**  
90 East 200 North, Logan, Ut  
(435)752-0750  
dsbrmh@gmail.com  
Evening Hours:  
N/A
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<th><strong>Insurance Plans Accepted:</strong></th>
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<td>Medicaid</td>
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<th><strong>LGBT Affirmative Treatment?</strong></th>
<th><strong>Familiar with Transgender Issues?</strong></th>
<th><strong>Faith Based Treatment Available?</strong></th>
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**Graça Costa Psy D**  
**Bear River Mental Health**  
**Licensed Psychologist**

**Years Post Licensure:**  
1 year - 5 years

**90 E 200 N / Logan / UT 84321**  
**(435)752-0750**  
**drgc2007@hotmail.com**  
**Evening Hours:**  
N/A

**Language(s):**  
English

**Types of Services:**  
Individual therapy, Family therapy, Evaluation/assessment

**Age Groups:**  
Children, Adolescent, Young adults, Adults

**Specialty Areas & Clinical Issues:**  
Anxiety, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Personality disorders, Self- injurious behaviors, Health related issues, ADHD/ learning disorders, Testing/ evaluation, EMDR,
**Joanne Barnes MSW**  
Bear River Mental Health  
90 East 200 North / Logan, UT 84321  
(435)752-0750  
Evening Hours:  
Tues & Thurs 5pm

**Licensed Clinical Social Worker**

**Years Post Licensure:**  
20 years plus

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<th>Age Groups:</th>
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<td>Young adults, Adults, Older adults / geriatric</td>
<td>English</td>
<td>Individual therapy, Group therapy, Evaluation/assessment</td>
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**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, OCD, Bipolar disorders, Depression, Chronic suicidal ideation, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self-injurious behaviors, Health related issues, Chronic pain,

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<th>Integrative Treatment with Primary Care or Others:</th>
<th>Sliding Scale/ Other Discounts:</th>
<th>Faith Based Treatment Available?</th>
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<td>Yes, coordination of care.</td>
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<tr>
<td>Yes</td>
<td>No</td>
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</table>

**Joseph Eugene Larkin, LCSW**  
Bear River Mental Health  
90 E 200 N / Logan, Utah 84321  
(435)752-0750  
josephelarkin@hotmail.com  
Evening Hours:  
N/A

**Licensed Clinical Social Worker**

**Years Post Licensure:**  
1 year - 5 years

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<th>Age Groups:</th>
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<th>Types of Services:</th>
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<td>Children, Adolescent, Young adults, Adults, Older adults / geriatric</td>
<td>English</td>
<td>Individual therapy, Couple therapy, Group therapy, Evaluation/assessment</td>
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</table>
Specialty Areas & Clinical Issues:
Anxiety, Stress, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self-injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/spirituality concerns, Autism spectrum, ADHD/learning disorders, Schizophrenia/psychotic disorder, Obesity, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, Multicultural/acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans Accepted:
Medicaid

Integrative Treatment with Primary Care or Others:
Yes

Sliding Scale/Other Discounts:
Sliding Scale

LGBT Affirmative Treatment?
Yes

Familiar with Transgender Issues?
Yes

Faith Based Treatment Available?
Yes

Karen Lacy, LCSW
Bear River Mental Health
Licensed Clinical Social Worker

Years Post Licensure:
6 - 10 years

90 East 200 North Logan Utah, 84321
(435)752-0750
karenlacy@gmail.com

Age Groups:
Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):
English

Types of Services:
Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self-injurious behaviors, Health related issues, Eating disorders, Chronic suicidal ideation, Crisis of faith/spirituality concerns, Parenting issues, Child behavioral problems, ADHD/learning disorders, Schizophrenia/psychotic disorder, Dissociative disorders, Parenting traumatized children, Trauma focused CBT, DBT, Anger Management, Identity development, Career development, Gender Dysphoria

Insurance Plans Accepted:
Medicaid

Integrative Treatment with Primary Care or Others:
Yes

Sliding Scale/Other Discounts:
N/A
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<tr>
<th>LGBT Affirmative Treatment?</th>
<th>Familiar with Transgender Issues?</th>
<th>Faith Based Treatment Available?</th>
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<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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**Kendell Passey, MSW**  
Bear River Mental Health  
Certified Social Worker  
Years Post Licensure:  
1 month - 1 year  
**90 E 200 N / Logan, UT 84321**  
(435) 752-0750  
**Evening Hours:**  
N/A

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<th>Types of Services:</th>
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<td>Children, Adolescent, Young adults, Adults</td>
<td>English</td>
<td>Individual therapy, Family therapy, Couple therapy, Group therapy</td>
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**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, Depression, Child behavioral problems, Autism spectrum, ADHD/learning disorders, Anger Management

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<th>Sliding Scale/ Other Discounts:</th>
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<tr>
<td>Medicaid</td>
<td>No</td>
<td>N/A</td>
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**Dan Miggin, MS**  
Bear River Mental Health  
Licensed Marriage and Family Therapist  
Years Post Licensure:  
10 - 20 years  
**90 E 200 N, Logan /  
(435) 213-9906 : CELL - (435)764-8840  
danm@brmh.com**  
**Evening Hours:**  
N/A
**SueZan Johnson MSW**  
*Bear River Mental Health*  
Licensed Clinical Social Worker  
*Years Post Licensure:*
10 - 20 years  
*Address:*  
90 East 200 North, Logan, Utah 84321  
*(435)752-0750*  
suezanljohnson@gmail.com  
*Evening Hours:*  
limited 5-6

**Age Groups:**  
Children, Adolescent, Young adults, Adults  

**Language(s):**  
English  

**Types of Services:**  
Individual therapy, Family therapy, Couple therapy

**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, Depression, Trauma / PTSD, Relationship problems, Personality disorders, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD / learning disorders, Schizophrenia/ psychotic disorder, Pornography/masturbation issues, Anger Management

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**Insurance Plans Accepted:**  
Medicaid, Select Health, Blue Cross Blue Shield

**Integrative Treatment with Primary Care or Others:**  
Yes

**Familiar with Transgender Issues?**  
No

**Faith Based Treatment Available?**  
Yes

---

**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, OCD, Bipolar disorders, Depression, Trauma / PTSD, Relationship problems, Personality disorders, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD / learning disorders, Schizophrenia/ psychotic disorder, Pornography/masturbation issues, Anger Management, Identity development
Insurance Plans Accepted: Medicaid, Altius Health Plans, Blue Cross Blue Shield, Humana, Select Health, Tri Care

Integrative Treatment with Primary Care or Others: Yes, as needed.

Sliding Scale/ Other Discounts: N/A

LGBT Affirmative Treatment? Yes

Faith Based Treatment Available? No

Faith Based Treatment Available? Yes, as needed, usually Christian based, but others are possible.

Elizabeth A. Johnson, PsyD
Cache Psychology and Consulting Services

Language(s): English, Spanish

Types of Services: Individual therapy, Family therapy, Group therapy, Evaluation/assessment


Thomas Wilkinson, PsyD
Cache Psychology and Consulting Services

Licensed Psychologist

Years Post Licensure: 1 year - 5 years

Age Groups: Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s): English, Spanish

Types of Services: Individual therapy, Family therapy, Group therapy, Evaluation/assessment

Insurance Plans Accepted: None (Does not accept any insurance)

Integrative Treatment with Primary Care or Others: Yes

Integrative Treatment with Primary Care or Others: Yes, as needed.

Sliding Scale/ Other Discounts: N/A

LGBT Affirmative Treatment? Yes

Faith Based Treatment Available? No

Faith Based Treatment Available? Yes, as needed, usually Christian based, but others are possible.

Cache Psychology & Consulting Services

180 North 100 East / Logan, Utah 84321
(435)938-8690

cachepsychologyconsulting@gmail.com

Evening Hours: By previous arrangement

19
Sliding Scale/ Other Discounts:
Rates can be negotiated depending on circumstances.

LGBT Affirmative Treatment?
Yes

Familiar with Transgender Issues?
No

Faith Based Treatment Available?
Yes, adjunct based on the desire of the clients

Dolores Michael, MS  
Cache Valley Community Health Center  
Associate Marriage and Family Therapist

1515 N 400 E, Suite 104, North Logan
(435)755-6061
dmichael@cvchc.org

Years Post Licensure:
1 month - 1 year

Age Groups:
Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):
English

Types of Services:
Individual therapy, Family therapy, Couple therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:
Anxiety, Stress, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Self-injurious behaviors, Obesity

Insurance Plans Accepted:
Medicaid, BlueCross BlueShield, Regence

Integrative Treatment with Primary Care or Others:
Yes, I work collaboratively with the physicians in my practice.

LGBT Affirmative Treatment?
Yes

Familiar with Transgender Issues?
Yes

Sliding Scale/ Other Discounts:
Sliding Scale

Faith Based Treatment Available?
No
## Community Clinic

### 6800 Old Main Hill, Logan, UT 84322

(435) 797-1981,

**Evening Hours:** N/a

<table>
<thead>
<tr>
<th>Age Groups:</th>
<th>Language(s):</th>
<th>Types of Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children, Adolescent, Young Adults, Adults</td>
<td>English, Spanish translator available upon request</td>
<td>Medication management, evaluations, referrals</td>
</tr>
</tbody>
</table>

### Specialty Areas & Clinical Issues:
This is the only interdisciplinary autism evaluation clinic in Utah north of Salt Lake City. An evaluation in this clinic includes evaluating for psychological, medical, communication, occupational therapy and speech/language concerns. We see clients across the age spectrum from children to adults. We have a treatment team for children and adolescents.

<table>
<thead>
<tr>
<th>Insurance Plans Accepted:</th>
<th>Integrative Treatment with Primary Care or Others:</th>
<th>Sliding Scale/ Other Discounts:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Most including Medicare plans</td>
<td>Actively refer to therapists in the valley</td>
<td>N/A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LGBT Affirmative Treatment?</th>
<th>Familiar with Transgender Issues?</th>
<th>Faith Based Treatment Available?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>Yes</td>
<td>N/a</td>
</tr>
</tbody>
</table>
# Cedar Point Counseling

**Ken Weigand, Psy.D.**  
Cedar Point Counseling  
Licensed Psychologist  

**Years Post Licensure:**  
10 - 20 years  

**246 East 1260 North, Logan, UT 84341**  
(435)750-6300, x261  
DrKenWeigand@gmail.com  

**Evening Hours:**  
Mondays, Wednesdays at 5:30 and 6:30, plus Saturday mornings  

<table>
<thead>
<tr>
<th>Age Groups:</th>
<th>Language(s):</th>
<th>Types of Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adolescent, Young Adults, Adults</td>
<td>English</td>
<td>Individual therapy, Family therapy, Couple therapy</td>
</tr>
</tbody>
</table>

**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, Depression, Grief, Relationship problems, Sexual dysfunctions, Health related issues, Chronic pain, Crisis of faith/ spirituality concerns, Parenting issues, ADHD/ learning disorders, Insomnia, Smoking cessation, Hypertension, Headaches, Sleep apnea, Anger Management, Identity development, Sexual orientation

<table>
<thead>
<tr>
<th>Insurance Plans Accepted:</th>
<th>Integrative Treatment with Primary Care or Others:</th>
<th>Sliding Scale/ Other Discounts:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes, I currently work in primary care clinic and practice as a Behavioral Health Consultant.</td>
<td>N/A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LGBT Affirmative Treatment?</th>
<th>Familiar with Transgender Issues?</th>
<th>Faith Based Treatment Available?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>No</td>
<td>No</td>
</tr>
</tbody>
</table>
Tyler Patrick MS
Cedar Point Counseling
Licensed Marriage and Family Therapist

Years Post Licensure: 6 - 10 years

Age Groups: Adolescent, Young adults, Adults
Language(s): English
Types of Services: Individual therapy, Family therapy, Couple therapy, Group therapy,

Specialty Areas & Clinical Issues: Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self-injurious behaviors, Health related issues, Chronic pain, Eating disorders, Parenting issues, Pornography/masturbation issues

Insurance Plans Accepted: Regence
Integrative Treatment with Primary Care or Others: Yes
Sliding Scale/ Other Discounts: N/A

LGBT Affirmative Treatment? No
Familiar with Transgender Issues? No
Faith Based Treatment Available? Yes

Additional Information: We run the nationally recognized LifeSTAR treatment for those who struggle with compulsive sexual behaviors and their partners.
**Travis Christensen, CMHC**  
Counseling for Change  
Licensed Clinical Mental Health Counselor  

<table>
<thead>
<tr>
<th>Years Post Licensure:</th>
<th>6 - 10 years</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address:</td>
<td>775 South Main Street / Logan Utah, 84323</td>
</tr>
<tr>
<td>Phone:</td>
<td>(435)258-8533</td>
</tr>
<tr>
<td>Email:</td>
<td><a href="mailto:Counseling4change@gmail.com">Counseling4change@gmail.com</a></td>
</tr>
<tr>
<td>Evening Hours:</td>
<td>3-9 pm</td>
</tr>
</tbody>
</table>

**Age Groups:**  
- Children, Adolescent, Young adults, Adults  

**Language(s):**  
- English  

**Types of Services:**  
- Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment

**Specialty Areas & Clinical Issues:**  
- Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Relationship problems, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/ learning disorders, Substance abuse/dependence, Pornography/masturbation issues, Anger Management

**Insurance Plans Accepted:**  
- BlueCross BlueShield

**Integrative Treatment with Primary Care or Others:**  
- Yes

**Sliding Scale/ Other Discounts:**  
- Sliding scale

**LGBT Affirmative Treatment?**  
- No

**Familiar with Transgender Issues?**  
- No

**Faith Based Treatment Available?**  
- Yes

**Additional Information:**  
We have a unique understanding of the concepts of change and the personal challenges and struggles that affect our ability to take control of our lives and circumstances. We are trained in DBT (Dialectical Behavior Therapy), certified in MRT (Moral Resonance Therapy), and utilize EMDR (Eye Movement Desensitization and Reprocessing) in our work. We also incorporate mindfulness and meditation practices to help clients achieve greater emotional and spiritual well-being.
Jeffrey McCann MD  
Intermountain Healthcare, Logan  
Regional Hospital, Budge Clinic  
Psychiatrist  
Years Post Licensure:  
6 - 10 years  

1300 North 500 East #250  
(435)716-5790  
jeffrey.mccann@imail.org  

Age Groups:  
Adolescent, Young adults,  
Adults, Older adults / geriatric  

Language(s):  
English  

Types of Services:  
Individual therapy,  
Evaluation/assessment,  
Medication management  

Specialty Areas & Clinical Issues:  
Anxiety, Stress, OCD, Bipolar disorders, Depression, Trauma / PTSD, Chronic suicidal ideation, Personality disorders, Health related issues, Eating disorders, Autism spectrum, ADHD/learning disorders, Schizophrenia/psychotic disorder, Neurocognitive disorder, Substance abuse/dependence  

Insurance Plans Accepted:  
Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health, Tri Care  

Integrative Treatment with Primary Care or Others:  
Yes  

Familiar with Transgender Issues?  
Yes  

Sliding Scale/ Other Discounts:  
Discounts may be arranged through Logan Regional Hospital.  

LGBT Affirmative Treatment?  
Yes  

Faith Based Treatment Available?  
No
Tyler Christensen, Ph.D.
Intermountain Medical Group Mental 
Health Integration Program

Licensed Psychologist

Years Post Licensure:
1 year - 5 years

Age Groups:
Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):
English

Types of Services:
Individual therapy

Specialty Areas & Clinical Issues:
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Personality disorders, Health related issues, Chronic pain, Eating disorders, Crisis of faith/ spirituality concerns, Obesity, Substance abuse/dependence, Anger Management, Identity development

Insurance Plans Accepted:
Aetna, DMBA, EBS ReamsCo, EMIHealth, Medicare, Millers, MHNET, Molina Medicare, Optium-Tricare, PEHP, Tall Tree

Integrative Treatment with Primary Care or Others:
Yes

LGBT Affirmative Treatment?
No

Familiar with Transgender Issues?
No

Faith Based Treatment Available?
No

Additional Information:
Outside providers cannot refer to me. I work within Mental Health Integration model and so only the physicians at the clinics where I am working can refer to me and all the patients I see have to be a patient at that particular clinic. However, I do frequ
**Dan Miggin, MS**  
LDS Family Services  
Licensed Marriage and Family Therapist  
Years Post Licensure:  
10 - 20 years

<table>
<thead>
<tr>
<th>Age Groups:</th>
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<th>Types of Services:</th>
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<tr>
<td>Children, Adolescent, Young adults, Adults</td>
<td>English</td>
<td>Individual therapy, Family therapy, Couple therapy, Evaluation/assessment</td>
</tr>
</tbody>
</table>

**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, OCD, Bipolar disorders, Depression, Trauma / PTSD, Relationship problems, Personality disorders, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Schizophrenia/ psychotic disorder, Pornography/masturbation issues, Anger Management

**Insurance Plans Accepted:**  
Medicaid, Select Health, Blue Cross Blue Shield

**Integrative Treatment with Primary Care or Others:**  
Yes

**Sliding Scale/ Other Discounts:**  
N/A

**LGBT Affirmative Treatment?**  
No

**Familiar with Transgender Issues?**  
No

**Faith Based Treatment Available?**  
Yes
**Jared Taylor, MSW**  
LDS Family Services  
175 West 1400 North, Suite A / Logan  
UT 84341  
(435)752-5302  
taylorja@ldschurch.org  
**Age Groups:**  
Adolescent, Young adults, Adults  
**Language(s):**  
English  
**Years Post Licensure:**  
10 - 20 years  
**Types of Services:**  
Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment  
**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, OCD, Depression, Grief, Trauma / PTSD, Relationship problems, Crisis of faith/spirituality concerns, Parenting issues, Pornography/masturbation issues, Anger Management, Career development  
**Insurance Plans Accepted:**  
Altius Health Plans, BlueCross BlueShield, Tri Care  
**Integrative Treatment with Primary Care or Others:**  
Yes, Will consult with other providers/prescribers related to treatment needs of client, with consent.  
**Sliding Scale/ Other Discounts:**  
Services subsidized by Bishops  
**LGBT Affirmative Treatment?**  
Yes  
**Familiar with Transgender Issues?**  
Yes, to those whom request it.  
**Russell Seigenberg, Ph.D.**  
LDS Family Services  
175 W. 1400 N. Logan, Utah 84341  
(435)752-5302  
visionbooks@comcast.net  
**Years Post Licensure:**  
20 years plus  
**Evening Hours:**  
N/A
Age Groups: Adolescent, Young adults, Adults, Older adults / geriatric

Language(s): English

Types of Services: Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues:
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Crisis of faith/spirituality concerns, Pornography/masturbation issues, Anger Management

Insurance Plans Accepted:
- Altius Health Plans
- BlueCross BlueShield
- Regence
- Select Health

Integrative Treatment with Primary Care or Others:
- Yes

Sliding Scale/ Other Discounts:
- N/A

LGBT Affirmative Treatment?
- No

Familiar with Transgender Issues?
- No

Faith Based Treatment Available?
- Yes

Bruce Johns, Ph.D.
Mt. Logan Clinic
Licensed Psychologist

Years Post Licensure: 20 years plus

246 East Center St. / P.O. Box 6244 / Logan, UT 84341 / (435)750-6300
brucerjohns@gmail.com

Evening Hours: N/A

Age Groups: Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s): English, Spanish

Types of Services: Individual therapy, Family therapy, Couple therapy

Mt. Logan Clinic
### Specialty Areas & Clinical Issues:
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self- injurious behaviors, Chronic pain, Eating disorders, Crisis of faith / spirituality concerns, Parenting issues, Child behavioral problems, ADHD/learning disorders, Obesity, Pornography/masturbation issues, Anger Management, Identity development, Sexual orientation

### Insurance Plans Accepted:
Altius Health Plans, BlueCross BlueShield, Regence, Select Health

### Integrative Treatment with Primary Care or Others:
Yes

### Sliding Scale/ Other Discounts:
N/A

### LGBT Affirmative Treatment?
No

### Familiar with Transgender Issues?
No

### Faith Based Treatment Available?
Yes

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### Julie A. Pelletier, PhD
Mt. Logan Clinic

**Licensed Psychologist**

**Years Post Licensure:**
1 year - 5 years

**Language(s):**
English

**Types of Services:**
Individual therapy, Family therapy, Group therapy, Evaluation/assessment

**Age Groups:**
Children, Adolescent, Young adults

**Specialty Areas & Clinical Issues:**
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Chronic suicidal ideation, Personality disorders, Self- injurious behaviors, Health related issues, Eating disorders, Parenting issues, Child behavioral problems, ADHD/learning disorders, Testing/evaluation, DBT skills training class for adolescents, Pornography/masturbation issues, Anger Management, Sexual orientation, Gender Dysphoria

**Insurance Plans Accepted:**
Tri Care, Cigna, Aetna, MH Net, United Behavioral Health

**Integrative Treatment with Primary Care or Others:**
Yes, I regularly consult with PCPs, school teams, and psychiatrists.

**Sliding Scale/ Other Discounts:**
One pro bono slot in schedule-when available.

**Evening Hours:**
This varies by provider. I have evening hours on Tuesdays, Wednesdays, and Thursdays

**Address:**
246 E 1260 N / Logan, UT 84341

**Phone:**
(435) 750-6300 x253

**Email:**
pelletier.mtlogan@gmail.com

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| LGBT Affirmative Treatment? | Yes | Familiar with Transgender Issues? | Yes | Faith Based Treatment Available? | No |

**Kyle Max Hancock, PhD**  
Mt. Logan Clinic  
246 E. 1260 N. / Logan, UT 84341  
4357506300  
kyle@mtloganclinic.com  
**Evening Hours:**  
N/A

**Licensed Psychologist**

**Years Post Licensure:**  
1 year - 5 years

**Age Groups:**  
Children, Adolescent, Young adults, Adults

**Language(s):**  
English

**Types of Services:**  
Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment

**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Personality disorders, Self- injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/ learning disorders, Testing/ evaluation, Schizophrenia/ psychotic disorder, Neurocognitive disorder, Dissociative disorders, School Psychologist, Obesity, Pornography/masturbation issues, Anger Management, Identity development, Career development, Sexual orientation, Gender Dysphoria

**Insurance Plans Accepted:**  
Altius Health Plans, BlueCross BlueShield, Humana, Regence

**Integrative Treatment with Primary Care or Others:**  
Yes

**Sliding Scale/ Other Discounts:**  
Based upon individual needs and evaluation; determined at the sole discretion of the provider.

**LGBT Affirmative Treatment?**  
Yes

**Familiar with Transgender Issues?**  
No

**Faith Based Treatment Available?**  
Yes

**Additional Information:**  
We offer a DBT group for adolescents and a process group for individuals with eating disordered symptoms.
Alex Baird, MS
Private Practice
Licensed Marriage and Family Therapist

Years Post Licensure:
1 year - 5 years

184 N 100 E, Ste. A / Logan, UT 84321
(435)232-9231
alex.counseling@yahoo.com

Evening Hours:
6 and 7pm appointments available.

Age Groups:
Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):
English, Italian

Types of Services:
Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues:
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Relationship problems, Personality disorders, Self-injurious behaviors, Health related issues, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Obesity, Pornography/masturbation issues, Anger Management, Identity development, Sexual orientation

Insurance Plans Accepted:
None (Does not accept any insurance)

Integrative Treatment with Primary Care or Others:
Yes

LGBT Affirmative Treatment?
Yes

Familiar with Transgender Issues?
Yes

Sliding Scale/ Other Discounts:
No sliding scale - offers lower fees to students and individuals who are struggling financially.

Faith Based Treatment Available?
Yes, Christian

Dave Robinson, PhD
Private Practice
Licensed Marriage and Family Therapist

Years Post Licensure:
10 - 20 years

493 N 700 E, Logan, Utah, 84321
(435)797-7431
dave.r@usu.edu

Evening Hours:
N/A
Age Groups: Adolescent, Young adults, Adults, Older adults / geriatric

Language(s): English

Types of Services: Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues:
Anxiety, Stress, OCD, Depression, Grief, Relationship problems, Sexual dysfunctions, Health related issues, Parenting issues, Couple therapy for pornography addiction, mindfulness and relaxation training, Pornography/masturbation issues

Insurance Plans Accepted:
BlueCross BlueShield

Integrative Treatment with Primary Care or Others:
Yes, Collaborative practice in a hospital/outpatient setting for 14 years.

LGBT Affirmative Treatment?

Familiar with Transgender Issues?

Sliding Scale/ Other Discounts:
N/A

Faith Based Treatment Available?
Yes

Additional Information:
I practice from a biopsychosocial-spiritual family systems perspective. I strive to integrate key players (spouses/family members) into the treatment of many of the common mental/physical health conditions. I have extensive experience collaborating with primary care physicians in their use of psychopharmacological agents with their patients.

David Christian, Ph.D.
Private Practice
Licensed Psychologist

Years Post Licensure: 20 years plus

629 S. 575 W. Logan, UT 84321
(435)753-1600 x118 (billing office)
dchristian999@gmail.com

Evening Hours: N/A
Sandra A. Krambule
Private Practice

Licensed Marriage and Family Therapist

Years Post Licensure:
10 - 20 years

Age Groups:
Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s):
English

Types of Services:
Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues:
Anxiety, Stress, Depression, Grief, Trauma / PTSD, Relationship problems, Health related issues, Self-injurious behaviors, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Anger Management, Identity development

Insurance Plans Accepted:
BlueCross BlueShield, Regence, Wise Provider Networks, ComPsych EAP, others in process

Integrative Treatment with Primary Care or Others:
No

Sliding Scale/ Other Discounts:
N/A

LGBT Affirmative Treatment?
Yes

Familiar with Transgender Issues?
Yes

Faith Based Treatment Available?
Yes

Additional Information:
I have worked 12 years at a community mental health center in Wyoming with a wide variety of experience. I have worked with a lot of abuse victims as well
## Laurel Carter, LMFT

Private Practice - Wellspring Therapy Center  
Licensed Marriage and Family Therapist  
Years Post Licensure: 10 - 20 years

<table>
<thead>
<tr>
<th>Age Groups:</th>
<th>Language(s):</th>
<th>Types of Services:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adolescent, Young adults, Adults</td>
<td>English</td>
<td>Individual therapy, Family therapy, Couple therapy</td>
</tr>
</tbody>
</table>

### Specialty Areas & Clinical Issues:
Anxiety, Depression, Trauma / PTSD, Relationship problems, Self-injurious behaviors,

<table>
<thead>
<tr>
<th>Insurance Plans Accepted:</th>
<th>Integrative Treatment with Primary Care or Others:</th>
<th>Sliding Scale/ Other Discounts:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health</td>
<td>Yes</td>
<td>N/A</td>
</tr>
<tr>
<td>LGBT Affirmative Treatment?</td>
<td>Familiar with Transgender issues?</td>
<td>Faith Based Treatment Available?</td>
</tr>
<tr>
<td>Yes</td>
<td>No</td>
<td>Yes, if asked for.</td>
</tr>
</tbody>
</table>
Summit Counseling Services

**Heather Stephenson, MS**  
Summit Counseling Services  
2150 N. Main Ste 10 / Logan, UT 84341  
(435)752-4646  
HeatherS.LPC@gmail.com

Licensed Clinical Mental Health Counselor  
Years Post Licensure:  
1 year - 5 years

**Age Groups:**  
Children, Adolescent, Young adults, Adults

**Language(s):**  
English

**Types of Services:**  
Individual therapy, Family therapy

**Specialty Areas & Clinical Issues:**  
Anxiety, Stress, OCD, Depression, Grief, Trauma / PTSD, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, Registered play therapist,

**Insurance Plans Accepted:**  
BlueCross BlueShield, Regence, PEHP, Educators Mutual, Aetna, Wise

**Integrative Treatment with Primary Care or Others:**  
Yes

**Sliding Scale/ Other Discounts:**  
Cash discount if not billing insurance.

**LGBT Affirmative Treatment?**  
Yes

**Familiar with Transgender Issues?**  
Yes

**Faith Based Treatment Available?**  
Yes

---

**Michael K. Hinds, M.S.**  
Summit Counseling Services  
2150 North Main, Suite 10 / North Logan, UT 84341  
(435)752-4646  
summitcs@gmail.com

Licensed Marriage and Family Therapist  
Years Post Licensure:  
10 - 20 years

**Evening Hours:**  
yes, limited
### Laurel Carter, LMFT

**Summit Counseling Services**

**Licensed Marriage and Family Therapist**

**Years Post Licensure:**
10 - 20 years

**Insurance Plans Accepted:**
Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health, Tri Care, Cigna

**Integrative Treatment with Primary Care or Others:**
Yes

**LGBT Affirmative Treatment?**
No

**Specialty Areas & Clinical Issues:**
Anxiety, Stress, OCD, Relationship problems, Sexual dysfunctions, Parenting issues, Child behavioral problems, Anger Management

**Language(s):**
English

**Sliding Scale/ Other Discounts:**
Sliding Scale

**Familiar with Transgender Issues?**
No

**Types of Services:**
Individual therapy, Family therapy, Couple therapy

**Faith Based Treatment Available?**
Yes

---

**Laurel Carter, LMFT**

**Summit Counseling Services**

**Licensed Marriage and Family Therapist**

**Years Post Licensure:**
10 - 20 years

**Insurance Plans Accepted:**
Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health, Tri Care, Cigna

**Integrative Treatment with Primary Care or Others:**
Yes

**LGBT Affirmative Treatment?**
No

**Specialty Areas & Clinical Issues:**
Anxiety, Depression, Trauma / PTSD, Relationship problems, Self-injurious behaviors

**Language(s):**
English

**Sliding Scale/ Other Discounts:**
Sliding Scale

**Familiar with Transgender Issues?**
No

**Types of Services:**
Individual therapy, Family therapy, Couple therapy

**Faith Based Treatment Available?**
Yes

---

**Laurel Carter, LMFT**

**Summit Counseling Services**

**Licensed Marriage and Family Therapist**

**Years Post Licensure:**
10 - 20 years

**Insurance Plans Accepted:**
Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health, Tri Care, Cigna

**Integrative Treatment with Primary Care or Others:**
Yes

**LGBT Affirmative Treatment?**
No

**Specialty Areas & Clinical Issues:**
Anxiety, Depression, Trauma / PTSD, Relationship problems, Self-injurious behaviors

**Language(s):**
English

**Sliding Scale/ Other Discounts:**
Sliding Scale

**Familiar with Transgender Issues?**
No

**Types of Services:**
Individual therapy, Family therapy, Couple therapy

**Faith Based Treatment Available?**
Yes

---

**Laurel Carter, LMFT**

**Summit Counseling Services**

**Licensed Marriage and Family Therapist**

**Years Post Licensure:**
10 - 20 years

**Insurance Plans Accepted:**
Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health, Tri Care, Cigna

**Integrative Treatment with Primary Care or Others:**
Yes

**LGBT Affirmative Treatment?**
No

**Specialty Areas & Clinical Issues:**
Anxiety, Depression, Trauma / PTSD, Relationship problems, Self-injurious behaviors

**Language(s):**
English

**Sliding Scale/ Other Discounts:**
Sliding Scale

**Familiar with Transgender Issues?**
No

**Types of Services:**
Individual therapy, Family therapy, Couple therapy

**Faith Based Treatment Available?**
Yes
Insurance Plans Accepted: 
Altius Health Plans, BlueCross BlueShield, Humana, Regence, Select Health

Integrative Treatment with Primary Care or Others: 
Yes

LGBT Affirmative Treatment? 
Yes

Familiar with Transgender Issues? 
No

Sliding Scale/ Other Discounts: 
N/A

Faith Based Treatment Available? 
Yes, if asked for.

Sweetgrass Counseling Services

Deb Cupal, Ph.D. 
Sweetgrass Counseling Services 
Licensed Clinical Mental Health Counselor

59 Canterbury Lane, Logan, UT 
84321

801 660 0542

dddwil13@gmail.com

Evening Hours: 
N/A

Age Groups: 
Children, Adolescent, Young adults, Adults, Older adults / geriatric

Language(s): 
English

Types of Services: 
Individual therapy, Family therapy, Couple therapy

Specialty Areas & Clinical Issues: 
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Health related issues, Chronic pain, Eating disorders, Crisis of faith/ spirituality concerns, Parenting issues, Child behavioral problems, ADHD/ learning disorders, Pain management, Sleep disturbance, Sport psychology, Imagery, Hypnosis, nationally certified sport consultant, USOC sport psychology registry, Obesity, Anger Management, Multicultural/ acculturation issues, Identity development
Insurance Plans Accepted: BlueCross BlueShield, Regence, GEHA, United

Integrative Treatment with Primary Care or Others: Yes

Sliding Scale/ Other Discounts: Sliding scale and other discounts upon circumstance.

LGBT Affirmative Treatment? Yes

Familiar with Transgender Issues? Yes

Faith Based Treatment Available? Yes

Additional Information: particularly interested in women's issues, child & teen issues, performance-related issues, all health issues

Utah State University

Twohig's Anxiety Clinic
Utah State community Clinic
Student therapists supervised by licensed psychologist

Years Post Licensure: 1 year - 5 years

USU EDU building
(435) 797-3401
michael.twohig@usu.edu

Evening Hours: until 8:00

Age Groups: Adolescent, Young adults, Adults, Older adults / geriatric

Language(s): English

Types of Services: Individual therapy

Specialty Areas & Clinical Issues: Anxiety, Stress, Trauma / PTSD,

Insurance Plans Accepted: None (Does not accept any insurance)

Integrative Treatment with Primary Care or Others: No

Sliding Scale/ Other Discounts: Sliding Scale
**LGBT Affirmative Treatment?**
Yes

**Familiar with Transgender Issues?**
Yes

**Faith Based Treatment Available?**
No

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**Jim Davis, M.D.**

**USU Student Health & Wellness Physician**

**850 East 1200 North / 9100 Old Main Hill**

**Years Post Licensure:**
20 years plus

**Physician**

**Language(s):**
English

**Types of Services:**
Individual therapy, Evaluation/assessment, Medication management

**Specialty Areas & Clinical Issues:**
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self-injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/learning disorders, Schizophrenia/psychotic disorder, Sports Psychology, Obesity, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, Multicultural/acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

**Insurance Plans Accepted:**
BlueCross BlueShield, First Student (USU Select Health Insurance) Regence, Select Health,

**Integrative Treatment with Primary Care or Others:**
Yes

**Sliding Scale/ Other Discounts:**
Students at USU are seen without any out-of-pocket expense for BH providers.

**LGBT Affirmative Treatment?**
Yes

**Familiar with Transgender Issues?**
Yes

**Faith Based Treatment Available?**
No

**Additional Information:**
USU Students only
Amy Kleiner, Ph.D.
Utah State University Counseling and Psychological Services
Licensed Psychologist

Years Post Licensure:
6 - 10 years

306 Taggart Student Center, USU
(435)797-1012
amy.kleiner@usu.edu

Age Groups:
Young adults, Adults

Language(s):
English

Types of Services:
Individual therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self-injurious behaviors, Eating disorders, Crisis of faith/spirituality concerns, Parenting issues, Child behavioral problems, ADHD/learning disorders, Testing/evaluation, Dissociative disorders, Obesity, Pornography/masturbation issues, Anger Management, Multicultural/acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans Accepted:
None (Does not accept any insurance)

Integrative Treatment with Primary Care or Others:
Yes, We would like to move to this model of being more integrative.

Sliding Scale/Other Discounts:
N/A

LGBT Affirmative Treatment?
Yes

Familiar with Transgender Issues?
Yes

Faith Based Treatment Available?
No

Additional Information:
Eligible to USU Main Campus students only at this time.
Steven Lucero, Ph.D.  
Utah State University Counseling and Psychological Services  
0115 Old Main Hill / Logan, UT 84322  
(435)797-1012

Licensed Psychologist  
steven.lucero@usu.edu

Years Post Licensure:  
1 month - 1 year

Age Groups:  
Young adults, Adults

Language(s):  
English

Types of Services:  
Individual therapy, Family therapy, Couple therapy, Group therapy, Evaluation/assessment

Specialty Areas & Clinical Issues:  
Anxiety, Stress, OCD, Bipolar disorders, Depression, Grief, Trauma / PTSD, Relationship problems, Sexual dysfunctions, Personality disorders, Self-injurious behaviors, Health related issues, Chronic pain, Eating disorders, Chronic suicidal ideation, Crisis of faith/spirituality concerns, Parenting issues, Child behavioral problems, Autism spectrum, ADHD/learning disorders, Testing/evaluation, Substance abuse/dependence, Pornography/masturbation issues, Anger Management, Multicultural/acculturation issues, Identity development, Career development, Sexual orientation, Gender Dysphoria

Insurance Plans Accepted:  
None (Does not accept any insurance)

Integrative Treatment with Primary Care or Others:  
Yes, USU Student Health Center.

Familiar with Transgender Issues?  
Yes

Sliding Scale/Other Discounts:  
I only work with USU students through CAPS or the Department of Veterinary Medicine

LGBT Affirmative Treatment?  
Yes

Familiar with Transgender Issues?  
Yes

Faith Based Treatment Available?  
Yes, Spiritually Integrated Psychotherapy