

FIRST DISTRICT MENTAL HEALTH COURT

Measured Progress in Practical Program Activities

Advancement through the mental health court program hinges on the demonstration of measured progress in a variety of practical areas that will provide a foundation for greater community stability. Motivation for change and commitment to personal goals in areas of clinical rehabilitation, education, and productive living are fundamental keys to reduce recidivism and represent the markers of mental health recovery.

CLINICAL PROGRESS

- _____ Reduced frequency and/or severity of mental illness symptoms.
- _____ Increased stability in mood and behavior.
- _____ Increased functional ability in basic living.
- _____ Increased functional ability in basic coping (i.e., better able to manage stress, conflict, more assertive, etc.),
- _____ Fewer crisis contacts.
- _____ Fewer hospitalizations.
- _____ No positive results on UA testing.
- _____ Reduced frequency of missed appointments
- _____ Increased independence in daily living

EDUCATIONAL PROGRESS

- _____ Enrolled and participating in literacy education program.
- _____ Enrolled and participating in a GED program.
- _____ Completion of a GED.
- _____ Enrolled and actively attending classes in a technical education program.
- _____ Enrolled and actively attending classes in an undergraduate degree program.
- _____ Enrolled and actively attending classes in an advanced degree program.
- _____ Actively participating in parenting, wellness, domestic violence, divorce mediation, or other community education.

VOCATIONAL PROGRESS

- _____ Engaged in self-initiated volunteer work.
- _____ Engaged in court-assigned volunteer work.
- _____ Engaged in sheltered workshop.
- _____ Engaged in supported employment placement.
- _____ Engaged in supportive employment program.
- _____ Engaged in part-time employment.
- _____ Engaged in full-time employment.